



Instructions: Read each question and write the letter of the correct choice on the Attestation & Answer sheet. A score of 80% or higher is required to receive credit for this training (8 correct answers).

1. In the area of substance abuse, the term "tolerance" means.
 - a) The user likes the effect of the drug more over time.
 - b) The user's family and friends become less confrontational as the user becomes more adamant in his denial of any problem.
 - c) There is a need over time to use more of the substance or to use more frequently to attain the desired effect.
 - d) The user's system becomes more efficient in metabolizing the substance so less is needed for the desired effect.
2. The best TERM for having both a substance use and mental health condition is:
 - a) Cig trouble
 - b) Co-occurring disorder
 - c) Co-morbid disorder
 - d) Dual diagnosis disorder
3. What best describes a co-occurring disorder?
 - a) A mental health disorder that develops after substance use has ended
 - b) A substance use disorder without mental health involvement
 - c) The presence of both a mental health disorder and a substance use disorder at the same time
 - d) Temporary emotional symptoms related to stress
4. Which of the following is NOT true about co-occurring considerations?
 - a) COD clients tend to have poorer treatment outcomes.
 - b) Integrative treatment is the rule rather than the exception.
 - c) COD clients have higher relapse rates than non-COD individuals.
 - d) Both a and b
5. According to this training, the term Clean means:
 - a) No use of alcohol
 - b) No use of drugs
 - c) No use of drugs or alcohol
 - d) Experiencing new meaning
6. The most commonly used Federally illicit substance is:
 - a) Stimulants
 - b) Cannabis
 - c) Opiates
 - d) Inhalants
7. Which statement about co-occurring disorders is MOST accurate?
 - a) One disorder must be fully treated before addressing the other
 - b) Co-occurring disorders are rare in community mental health settings
 - c) Mental health and substance use disorders often interact and influence one another
 - d) Substance use symptoms are always the primary concern
8. Which approach is considered best practice for treating co-occurring disorders?
 - a) Sequential treatment
 - b) Crisis-only intervention
 - c) Integrated treatment addressing both disorders together
 - d) Short-term stabilization only
9. Which of the following may indicate the presence of a co-occurring disorder?
 - a) Persistent symptoms despite treatment for one disorder
 - b) Frequent hospitalizations or relapses
 - c) Difficulty maintaining treatment engagement
 - d) All of the above

10. Why is it important for social workers to screen for both mental health and substance use disorders?
- a) To meet documentation requirements only
 - b) To avoid providing unnecessary services
 - c) To ensure accurate assessment and effective treatment planning
 - d) To determine eligibility for inpatient care